



Hashofar

Adas Yoshuron Synagogue
50 Willow Street • P.O. Box 1250 • Rockland, Maine 04841
207-594-4523 • info@adasyoshuron.org
Unaffiliated • All-Inclusive • www.adasyoshuron.org

Donations to AIO Food Pantry: We Have a Match!

At our Passover seders, we said, “let all who are hungry come and eat!” Many of us are fortunate to have our tables and pantries filled with food, and not wonder where our next meal comes from. Yet we know that is not the reality for many of our neighbors. 13% of Mainers live in food insecurity and rely on organizations like the AIO food pantry to ensure their families can eat.

When I tell people about Adas Yoshuron, I tell them that in our entryway there’s always a bin to collect food. Each time we enter the sanctuary to pray, we are first reminded to care about the vulnerable people in our towns. The Torah teaches us to open our hearts and our hands to one another, and to never turn away a hungry person.

In this moment we cannot bring cans of food and we might even forget sometimes about that food collection bin. But we know the loss of work and economic challenges of the Coronavirus have made it even harder for some people to make ends meet, and we know that tonight there are empty tables across the state.

An average meal in Maine costs only \$4. Every donation, big or small, makes a difference. Even \$5 will make a difference for your fellow Mainers.

Adas Yoshuron is proud to announce that **we’ve secured matching donations of up to \$2000** for donations to the AIO food pantry. We are delighted that our Board has taken a lead role in this initiative through 100% participation of its members. **Please send your checks marked “hunger” or “food pantry” to the synagogue to double your impact!**

~*Rabbi Lily Solochek*

Please send checks to Adas Yoshuron, PO Box 1250, Rockland ME 04841, or donate directly from our web site at www.adasyoshuron.org



Adult Education: Judaism, Public Health, and Personal Responsibility

Tuesdays, May 5 and 19, 5-6:30 p.m.

Join us in exploring Jewish texts and stories about health, sickness, and personal and communal responsibility. What are our moral and ethical responsibilities in the face of a global pandemic?

A Zoom link will be provided in our weekly email, or contact the office to join the class.

Yom Hashoah Program

Our deep appreciation goes to **Shelley Kushner, Phyllis Hemler, Judy Stein, Ken Wexler, Deborah Weisgall, Richard Aroneau, Andy Skrivanich, Sara Skrivanich,**

Dana Goldsmith, Kathleen Meil, and Lisa Katz for helping lead the Yom Hashoah memorial. The service was deeply moving. About 40 households participated.

Photo: Rabbi Lily Solochek





Save the Date



All Services and Events will be conducted online via Zoom until further notice. See related articles for more information. Contact our office or check our weekly emails for Zoom links.

Sunday, May 3 — Soup Kitchen (please get in touch about participating)

Tuesday, May 5, 6:30p.m. — Adult Education

Friday, May 8, 7 p.m. — Shabbat Services led by Rabbi Lily Solochek

Saturday, May 9, 10 a.m. — Shabbat Services led by Rabbi Lily Solochek
Sunday, May 17, 10 a.m. — Books & Bagels

Monday, May 18, 7 p.m. — Board Meeting

Tuesday, May 19, 6:30 p.m. — Adult Education

Friday, May 22, 7 p.m. — Shabbat Services led by Rabbi Lily Solochek

Thursday, May 28 — State-wide Shavuot Celebration and Study (more information to come)

Saturday, May 30, 10 a.m. — Shabbat Services led by Rabbi Lily Solochek; Elana Kermish-Allen Bat Mitzvah

Morning Prayer and Check-In

Monday- Friday, 8:00 a.m. and Sunday, 9:30 a.m. on Zoom

Rabbi Solochek will lead a brief morning service to help our community stay connected. The service will be followed by a check in.

For the foreseeable future, we will continue to meet Monday-Friday at 8-8:20 a.m., and Sunday 9:30-10:00 a.m. We invite you to join as often as you would like.

Bring your coffee!

Would you like a call from the Rabbi?

During this difficult time, Rabbi Solochek is available to our congregation. Please contact the office if you wish to receive a phone call.

Hineni: We Are Here for You!

These weeks of physical distancing mean that many of us have changed our habits and no longer feel comfortable or safe going out for essentials. Also, many of us are more socially isolated than we want to be. The Hineni Committee is here to help.

Let us know what you need, and we can arrange delivery to your home. We can pick up groceries, prescriptions, and other necessities so you don't have to go out. We will keep safe distance when delivering. We are also available for phone conversation and other forms of virtual check-in.

If you would like to connect with us, or know of someone in the community who could use a hand, please contact Liz Soloway Snider, liz_snider@msn.com, 207-322-5032, or contact the synagogue office and leave a message.

Shabbat Services in May

Until further notice, all Shabbat and holiday gatherings will be held on Zoom to stop the spread of the coronavirus.

May 8, 7:00 p.m. - Friday night services

May 9, 10:00 a.m. - Shabbat morning services

May 22, 7:00 p.m. - Friday night services

May 30, 10:00 a.m. - Shabbat morning services; Elana Kermish-Allen Bat Mitzvah

Zoom links will be sent in our weekly emails. Please contact the office if you are not on our email list.

Books & Bagels

We will meet on Zoom on May 17 at 10:00 a.m. The book will be Yossi Alpher's *Winners and Losers in the Arab Spring*.

Books are available on Amazon or with a discount through the publisher. Contact Judy to borrow a copy of the book, or for more information on ordering.

“This book looks at the way primarily external actors influenced and were influenced by the revolutionary chaos that erupted in the Arab Middle East in 2011. The Arab revolutions radically altered the Middle East dynamic and particularly the strategic standing of key actors, both locally and globally.” (Barnes & Noble)

For further information and Zoom invitation, contact Judy Stein (judykstein@gmail.com)

~Judy Stein



From the Rabbi



Dear Friends,

I miss you. And I am so proud of our community.

In the past month Adas Yoshuron migrated all programming onto Zoom; we assembled Passover bags and did safe, contactless deliveries; we safely fed people at the Easter Soup Kitchen; we gathered online to celebrate Shabbat and Passover, and to memorialize Yom HaShoah. In our daily community check-ins we've laughed together and cried together, offered support and friendship to one another. We have continued the long Jewish tradition of adaptability and resilience. Over the last six weeks, our community has shown that we will get through this together.

Our morning liturgy asks God to "gather us from the four corners of the earth," a prayer that resonates deeply for me right now. This moment is one where we live in our own individual diasporas from one another, and the hope and yearning in our Jewish tradition to be gathered together burns brightly. I don't know what this coming month will bring or how the world will change around us. What I do know is that our community has the strength to continue to support one another: through phone calls, emails and texts, gathering on zoom, sharing recipes and gardening tips.

As we enter a new month of uncertainty, may we each be blessed with a spirit of compassion and love, with flexibility and humor, with resilience and strength. May we soon be blessed to safely gather in person again.

Chazak, be strong,
Rabbi Solochek

The Genetic Transmission of Hope

In the last weeks, each of us has been touched by the power of the Passover story, the remembrance of the six million during Yom HaShoah and the daily separation from others in the midst of the COVID-19 pandemic. Each of these events fosters our feelings of darkness, fear, and anxiety. Yet these experiences also offer us the possibility of emerging from these feelings as we walk on that long journey toward resilience, hope, and survival.

A friend sent me the link to a wonderfully funny and moving video, Saturday Night Seder. In it Rabbi Sharon Brous spoke beautifully about what she calls the genetic transmission of hope. She said that the Passover story has held a grip on the human imagination for thousands of years precisely because "it was never just about what happened then, but it's also always been about what's happening now. It's never been just about what happened to them, but always been about what's also happening to us."

Rabbi Brous said that our rabbis understood that this Passover message, of the journey from anguish to

joy, from grief to celebration, was not a message that we needed to hear only once, but over and over so that it became part of our DNA and we would

develop the muscle memory for hope, exactly for moments like we are living in right now, when we need hope the most. Rabbi Brous continues, "...In fact, this story is the closest thing we have to the genetic transmission of hope, because it tells us that, even though things are painful and hard and we are incredibly vulnerable right now, we will survive this."

This one germ has spread throughout the world and created havoc. Imagine

how one good word, one good deed could spread hope throughout the world and counter the pain and suffering and isolation. Your light, your hope could spread from one person to another, and on and on. The antidote to destruction is creation. Create goodness. Be a blessing.

Remember, hope is contagious too.

~Stuart Finkelstein, President, Adas Yoshuron Synagogue



Save the Date: Shavuot

Thursday Evening, May 28

Celebrate Shavuot with Jews across Maine in an online celebration and learning sessions! Please stay tuned for details.



Hard Lessons of the Epidemic

From the perspective of a clinician, one of the hardest things to deal with in the pandemic is the uncertainty. When did it begin? How many people will be affected? How sick will they be? Can we detect the disease? How can we treat it? Do we have the will and the resources to control it? And most importantly, how do we keep it from recurring? Perhaps the hardest of all is the cruelty of this disease. At the risk of anthropomorphizing, the virus seeks out the most vulnerable among us. And this does not mean only those who would normally be considered vulnerable to any infection, but in this case the virus disproportionately affects the under-resourced communities like Native Americans on reservations, people in long-term care facilities, and people under socio-economic stress. My son is attending physician at the University of Texas hospital that is now seeing an enormous influx of incarcerated people who became infected in prison. If not for humanitarian reasons then for reasons of self-preservation, we need to address — as a society — the health of confined populations.

The symbolism of coronavirus arising in the US at the time of Pesach has not escaped many. This year, we had to modify the Pesach tradition of individually inviting the hungry to join us at the Seder table, but it

Easter Community Dinner

On a sunny Easter afternoon, April 12, the line began snaking outside St. Peter's Church. At about 12:20 p.m., Melissa Kelly, chef of Primo restaurant, pulled up in her big red truck, assisted by one of her staff, and unloaded trays of Easter take-out meals from Primo's kitchen.

We had Ron Staschuk, overseer of the Loaves and Fishes Saturday/Sunday Soup Kitchen at St. Peter's and Jim Fields in the kitchen. Outside, thanks to Stuart's advance planning, we had cones set up marking a six foot distance between people. Outside helpers included Harry Podolsky, Edith Gawler, David Long, Laurence Coe, Kim Lafone, and Peg Pickering.

I had drastically underestimated the number of meals that we needed. But we were able to cobble together some sandwiches. I'd like to thank Board members who contributed \$1,000 for 50 gift cards to Hannaford's. We were able to send folks home with either a ham dinner or sandwiches and a gift card.

In gratitude,

~Linda Garson Smith, Soup Kitchen Coordinator



does not free us of that obligation. For that reason, as part of our response to coronavirus, we come together as a community to support AIO in its mission. But soon it will be Lag B'Omer, a joyous holiday that occurs between Pesach and Shavuot that I hope to celebrate by a much needed haircut.

This epidemic is teaching many hard lessons such as the need for a robust public health service, the need for universal access to affordable health care, the need to care for vulnerable populations, the need for a vibrant medical research enterprise, the need to address inequality and disparities, but most importantly as I observe my clinical milieu, the need to care for each other in community.

I have not held my three month-old grandson since his bris. Everyone has a story; most are orders of magnitude worse than any of mine. And yet the plagues of antiquity and their metaphors in literature have a common feature: they end.

I look forward to greeting everyone as soon as I can.

~Clifford Dacso

Cliff is Vice President of the Board of Adas Yoshuron Synagogue. He is a physician and serves as Professor of Molecular and Cellular Biology at Baylor School of Medicine.

Board News

The board met by Zoom on Monday, April 20. Here's some of what was covered:

- Reviewed and discussed budget projections for FY 2020-21.
- Heard a report from Rabbi Solochek on the successful transition to all virtual synagogue events. The rabbi reported that online programs have been well attended. Board President Stuart Finkelstein thanked the rabbi for the keeping the congregation connected and engaged during this crisis.
- Discussed Zoom 'bombing' and security measures that are being taken.
- Heard an update from Sara Skrivanich on the Nominating Committee.
- Set Sunday, June 28 as the Annual Meeting date.
- Heard an update from the Membership and Hineni committees on outreach to members during this time of physical isolation, and on the successful delivery of Passover gift bags.
- Linda Garson Smith reported on the Easter Community Dinner. Those who did not receive a meal received a gift card to Hannaford supermarket, thanks to the generosity of several donors.
- The board discussed proposed building security and code renovations, and reviewed architectural drawings.

~Liz Snider

April Donations

Thank you to the following people for their recent donations:

Todah Rabah:

Anonymous, in support of the Easter Community Dinner and the Soup Kitchen.

Laurence Coe, in honor of Linda Garson Smith's work to feed people for Easter.

Laurence Coe, in honor of Rabbi Solochek, with gratitude for all they do.

Caryl Kolkin, in thanks for the Passover gift bag.

Keith A. Davis, in support of the synagogue.

Mazel Tov:

Bobbie and Sam Cohen, in honor of their granddaughter Sadie Cohen, who was selected to the Maine McDonald's High School Senior All-Academic Basketball Team for 2020. Sadie is also the Valedictorian of the Class of 2020 for Medomak Valley High School.

In Memory of Joel Fishman:

John and Brenda Batty

Martha and Reade Brower

Laurence Coe

Sam and Bobbie Cohen

Clifford and Sheryl Dacso

Robin Handleman

Jo Dondis and Peter Imber

Stuart Finkelstein and Jane Funk

Adrienne and Neal Fishman

Barbara Fishman

Carol J. Friedman

Lenora Goldman Jackson

Stan and Brenda Kern

Elinor Klivans

Caryl Kolkin

Ron Marlowe

Janet and David Martucci

Karen Meyn

Carol and Ed Miller

Sheila and Floyd Montgomery

Steva and John Parkman

Robert C. Richards

Estelle Sassaman

Michael and Roslyn Savitt

Regina Schaare-Denio and Dennis Denio

Nancy Scovern and Nancy Button

Larry and Denise Singer

Eric, Mollie, Carly and Aaron Small

Louise A. Small

Sharon Spaulding

Jan Summers

Christine Tofani

Enid and Alan Tope

Gail Wartell and Jamie MacMillan

Barbara and Ken Wexler

In Memory of Janet Levin Hovnanian, stepmother of Lenora Goldman Jackson:

Lenora Goldman Jackson

Gail Wartell and Jamie MacMillan

In Memory of Alan Kaplan:

Linda Garson Smith and David Smith

In Loving Memory:

Stuart Finkelstein and Jane Funk, for the yahrzeit of Barbara Black Funk.

Stuart Finkelstein and Jane Funk, for the yahrzeit of Robert Finkelstein.

Caryl Kolkin, for the yahrzeit of David Kolkin.

Ronald Marlowe, for the yahrzeit of Cantor Deborah Marlowe.

For Passover:

Laurence Coe

Meyer and Caryn Drapkin

Judith Storch and Rob Sherrell

Thank You! Todah Rabah!

To **Linda Garson Smith**, for organizing the Easter Community Dinner.

To **Fred Ribeck** for designing the Community Easter Dinner poster.

To **Melissa Kelly and Primo Restaurant**, for preparing the food for the Easter Community Dinner.

To **Liz Snider, Shellye Kushner**, and **Harry Podolsky**, for preparing and delivering the Passover gift bags.

To **Zac, Manny**, and **Asher Mosheyev**, the **Kermish-Allen family**, and **Michael Kosowsky** for helping lead the Passover Seder.

To **Emma Wendt, Kathleen Meil**, and **Will Sedlak** for leading the community conversations program on Climate Change.

Rabbinic Advisory Committee

The Rabbinic Advisory Committee (RAC) is honored to support Adas Yeshuron's next chapter.

During our monthly meetings with Rabbi Solochek, we'll discuss their goals and share community feedback. Please help us ensure the success of this team effort! Reach out any time at rac@adasyeshuron.org.

Yahrzeits for May, 2020; 7 Iyyar - 7 Sivan, 5780

Milton Feinberg: 7 Iyyar (May 1)
Philip Lapidès: 7 Iyyar (May 1)
Lillian Rubinoff: 7 Iyyar (May 1)
John Graf: 10 Iyyar (May 4)
David Pollock: 10 Iyyar (May 4)
Rene Vesery: 11 Iyyar (May 5)
Ann Muehsam: 12 Iyyar (May 6)
Morris Polise: 13 Iyyar (May 7)
Samuel Shafter: 13 Iyyar (May 7)
Barnie Benovitch: 17 Iyyar (May 11)
Alvin Podolsky: 17 Iyyar (May 11)
Nathan Dubin: 19 Iyyar (May 13)
Jerome Drapkin: 22 Iyyar (May 16)
Ethel Smalley: 22 Iyyar (May 16)
Mayer Jack Grossman: 25 Iyyar (May 19)
Asa Merrick: 25 Iyyar (May 19)
Dan Garson: 26 Iyyar (May 20)
Rose Salmoni: 26 Iyyar (May 20)
Julia Arnow: 28 Iyyar (May 22)
Nettie Smalley: 1 Sivan (May 24)
Johanna Baer: 2 Sivan (May 25)
Herbert Callen: 2 Sivan (May 25)
Sylvia Kahn: 2 Sivan (May 25)
Norman Grossman: 3 Sivan (May 26)



Esther "Mickey" Rosenberg: 5 Sivan (May 28)
Milton Tatelbaum: 5 Sivan (May 28)
Stuart Boughton: 7 Sivan (May 30)
Ilona Kinast: 7 Sivan (May 30)
Albert Taylor Leike: 7 Sivan (May 30)
Simon Rosenberg: 7 Sivan (May 30)
Robert Kahn: 8 Sivan (May 31)

We also mourn the loss of the following people who died within this past year:

Nancy Linkin (June 28, 2019; 26 Sivan)
Christine K. Salomon (August 17, 2019; 16 Av)
Alice Kihn (August 26, 2019; 25 Av)
Milton Goldsmith (October 14, 2019)
Evelyne Menache (October 21 2019; 22 Tishri).
Steven Shaw (October 27, 2019; 28 Tishri)
Adele Grinstein (November 21, 2019; 23 Heshvan)
William Benjamin (November 24, 2019; 27 Heshvan)
Harry Sky (December 14, 2019; 16 Kislev)
Nathalie Weisgall (February 4, 2020; 9 Shevat)
Joel Fishman (April 7, 2020; 13 Nisan)
Janet Levin Hovnanian (April 9, 2020; 15 Nisan)
Alan Kaplan (April 19, 2020; 25 Nisan)

Joel Fishman: May His Memory be a Blessing

Joel Fishman, formerly of Rockland, passed away in Chelmsford, Massachusetts, on Tuesday, April 7, 2020.

Joel was born on November 20, 1946 in New York City to Martin and Edith Radlauer Fishma. Joel graduated from Commack High School in 1965 and made the trek to Bangor, Maine to attend Husson College graduating in 1969 with a degree in Business Administration. In October 1967, he was persuaded to go on a blind date with a girl from the University of Maine, and that was the night he met his future wife, Barbara. Joel and Barbara married on June 15, 1969 in Rockland and moved to New York where they lived for seven years with their two sons, Jeff and Mark. In 1976, the family moved back to Maine to Barbara's hometown of Rockland where Joel opened his own business, Fabric Bonanza. He was an active member of the Chamber of Commerce.

Joel became very active in Adas Yoshuron Synagogue and spent years on the board serving as president of the congregation for a number of terms. He also organized the Jewish burial society and dedicated himself to helping people when they needed help the most. He was active in scouting in Rockland and served as a baseball coach when his sons were young.

Joel loved to ride a bike, and in the late 1990s he took up bike riding with a passion. He and his friend, Dana Goldsmith, would meet every morning at 6:00 a.m. for a ride together, unless it was below 32 degrees.

Joel was a member of the Bicycle Coalition of Maine and started a fundraising bike ride in Rockland called the Lobster Ride and Roll.

After thirty years in business, Joel and Barbara retired. In 2017, Joel and Barbara moved to Acton. They celebrated their 50th wedding anniversary in June 2019 back in Rockland where they had been married.

Joel leaves behind a reputation of generosity, charity, hard work, and love for family and friends.

Joel was predeceased by his parents, Edith and Martin Fishman; his sister, Adele Fishman Miller; and his in-laws, Samuel and Ruth Small.

The family asks that anyone who wishes may make a donation in Joel's memory to Hilarity for Charity, a charity started by Joel's niece and nephew, which helps families caring for someone with Alzheimer's, (wearehfc.org) or to Adas Yoshuron Synagogue, PO Box 1250, Rockland, Maine 04841.



Hebrew School

Though we missed meeting in person, our April Hebrew School sessions via Zoom were a great success. For one hour each Thursday, our students met for a virtual Hebrew School lesson. We reviewed and studied the *parasha* each week, learning about the ancient rules for sacrificing, the role of the *kohanim* (high priests) and regulations for keeping kosher (dietary law). During the week of Passover, we each took on the role of a character and retold the Passover story. Rabbi Solochek led the students in a discussion of the four children and challenged them to think about which child they considered themselves to be. At the end of the month, we introduced a special project centered on the theme of kindness, and the mitzvah to take care of and respect our elders. The students will each write and send cards to different members of our community. The students have also been meeting with me individually for Hebrew lessons, and are doing an excellent job keeping up with their studies.

I'm looking forward to the day when we can all be together again in person!

~Morah Elizabeth Siegel

Remembering Alan Kaplan

I was first blessed to meet Alan Kaplan towards the end of 2017. He was new in the community and approached me about talking to the Hebrew School students. He explained that he had been a guidance counselor for many years in Massachusetts. Alan led the students in a very special lesson on individuality. He shared stories of what it was like for him growing up Jewish in the 1940s. I felt moved by Alan's openness and touched by his kind and gentle way with the students.

Alan attended services regularly and I enjoyed seeing him again and again. He seemed to love watching our son, Sam, only two at the time, participating in the prayers. Alan and I shared a special connection. To quote L.M. Montgomery, we were 'kindred spirits.' At the baby naming of our son, Matthew, I learned that Alan knew my neighbor and friend, Pat Sheehan. She and her husband, Richard, attended the same church as Alan did with his wife. Pat and Alan joked about not having to wash the dishes after the kiddish, something they often did together when he attended church services with his wife.

Alan believed strongly in God and, despite their different religions, he and his wife Pat united under this love. He once told me how the two had their own book club. They would sit together each day and read and discuss different books. They took long walks together and truly shared their lives with each other.



Alan Kaplan with the Hebrew School in 2017

Alan was very open about the circumstances of his health. He often said that he knew he could go at any time. Because of the nature of his illness, lifting something too heavy or too sudden of a movement could be enough to end his life. Others in this situation might have stayed in bed, or become depressed, but not Alan. His faith in God and love for life kept him living each day as if it truly was his last, until it really was. Though we mourn his loss, I like to think mostly of what a wonderful person he was and the tremendous impact he had on all those who were blessed to know him.

~Morah Elizabeth Siegel

May Soup Kitchen

The families of the Adas Yeshurun Hebrew School will be preparing food for the May Soup Kitchen.

Each family will prepare a separate part of the meal together at home. Food will then be dropped off at the Soup Kitchen to be reheated and boxed up for curbside pickup. Even in these trying times, our families will come together to perform the mitzvah of helping those in need. For more information on how you can help at the Soup Kitchen please contact Linda Garson Smith (lindagarson.smith@gmail.com).



Sisters Sophia and Devon Skrivanich preparing potato leek soup together

Adas Yeshuron Synagogue

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Denise Singer
Sara Skrivanich
Linda Garson Smith
Ken Wexler

Rabbi:

Lily Solochek

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Lenora Goldman Jackson
Gail Wartell

Hashofar Editor:

Gail Wartell

Office Hours

The office will be closed to the public during May, but calls and emails will be answered promptly.

Contact us! To reach the Board or President:

president@adasyeshuron.org;
for the Rabbi: rabbi@adasyeshuron.org;
for the office: info@adasyeshuron.org;
for Lenora: lenora@adasyeshuron.org;
for Hashofar: hashofar@adasyeshuron.org

Elsewhere in Maine (on your computer)

Maine Jewish Film Festival

From Cairo to the Cloud: The World of the Cairo Geniza

Free streaming available Saturday May 2 at 7:00 p.m. through Tuesday May 5 at 7:00 p.m. The link to the film will be available on Saturday, May 2 at 7:00 p.m.. There is no need to sign up ahead of time. The film screening will be followed by a discussion on Tuesday May 5 with the filmmaker and Rabbi David Freidenreich. For more information, go to this [website](#) or mjff.org.

Israeli Photographer to Speak Sunday, May 3

The Center for Small Town Jewish Life will host a virtual conversation with Daniel Tchetchik, staff photographer at Ha'aretz, Israel's longest running newspaper. Daniel will Zoom from Tel Aviv to tell the stories of ten formative photos taken throughout his career. Moderated Q & A to follow.

Registration is required for security purposes. For more info and to register, [click here](#).

Refu'ah Shleimah

We send our prayers for a complete healing to:

**April Devarney
Van Funk
Wesley Hedberg
Glenn Lapidis
Bob Meggison
Batya bat Mindel
John Parkman
James Rapaport**



**Avi ben Sarah
Steven Seidman
Ed Sheridan
Neil Smith
Janet Sokoloff
David Statman
Daniel Tesler
David Theriault**

If you are aware of someone in the Adas Yeshuron community who is in need of healing prayers, please contact the office.

We are grateful for your contributions • They are vital to the life of the shul.

Adas Yeshuron Donation Coupon
P.O. Box 1250, Rockland, Maine 04841

Enclosed is my gift of \$ _____. My contribution is in recognition of the following:

Name of Honoree/Occasion _____

Name of Contributor _____

Address _____

Email Address _____ Phone Number _____

May 2020 • Iyyar/Sivan 5780

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3 Soup Kitchen	4	5 Adult Education 6:30 p.m.	6	7 Hebrew School 4 p.m.	8 Shabbat Services 7 p.m.	9 Shabbat Services 10 a.m.
10	11	12	13	14 Hebrew School 4 p.m.	15	16
17 Books & Bagels 10 a.m.	18 Board Meeting 7 p.m.	19 Adult Education 6:30 p.m.	20	21 Hebrew School 4 p.m.	22 Shabbat Services 7 p.m.	23
24	25	26	27	28 Hebrew School 4 p.m. State-Wide Shavuot Celebration	29	30 Shabbat Services/ Elana Kermish- Allen Bat Mitzvah 10 a.m.

For the month of May, all classes and services will be held on-line. Please contact the office if you would like more information on using Zoom.

Like us on [Facebook](#)

Stay updated!



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www.adasyoshuron.org

First Class Mail



*We welcome your letters, comments, and
announcements for inclusion in the newsletter.*

*Please send your news to
hashofar@adasyoshuron.org*