



COOK BOOK



*Dedicated to the Aged Folks of the
Jewish Home for Aged
Portland, Maine*



This Kosher Cook Book is dedicated to the Ladies' Auxiliary of the Jewish Home for Aged, through the untiring efforts of Mrs. Oscar Tabachnick, whose outstanding work and donation of a bronze plaque was instrumental in enrolling over 200 members and \$20,000. to this organization. Her work should be a goal for our other fine members to work for. May her work be remembered for generations to come.

I also wish to thank all my officers and committees who worked with me so untiringly in making all of our undertakings so successful. Special mention also goes to the cooking school committee; Mrs. Sadie Schatz, Mrs. Bessie Mack, Mrs. Bessie Edison, and Mrs. Swonkin.

Ethel Kaplan, President

COOK BOOK



KOSHER RECIPES

for the Jewish Housewife or Newlywed.

EDITED BY ETHEL KAPLAN

During her presidency of the Ladies' Auxiliary,
Jewish Home for Aged.

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MEASUREMENTS AND EQUIVALENTS

LEVEL STANDARD MEASUREMENTS ARE USED

16 tablespoons	1 cup
3 teaspoons	1 tbsp.
2 cups	1 pint
4 cups	1 quart
2 cups of butter	1 pound
2 cups granulated sugar	1 pound
3 cups of brown sugar	1 pound
3 cups powdered sugar	1 pound
4 cups flour	1 pound
4 cups rye flour	1 pound
2 cups rice	1 pound
4 cups cocoa	1 pound
5 cups of coffee	1 pound
4 tablespoons of coffee	1 ounce
2 tablespoons of butter	1 ounce
4 tablespoons of flour	1 ounce
2 tablespoons of sugar	1 ounce
4 tablespoons of cocoa	1 ounce
1 square of chocolate	1 ounce

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